

agua
A T S A N D E R S O N

Located in the centre of one of the most vibrant and cosmopolitan cities in the world, agua at Sanderson is an urban sanctuary, a refuge from the hurried storm of modern life.

Within its calm, pristine, soothing surroundings, agua is the ideal environment in which to explore the remarkable restorative powers of quiet repose, beauty, personal attention and total indulgence of the mind, on the body and on the soul.

agua FACE

agua Rose Renew Facial

55 minutes £75

A luxurious relaxing treatment using organically grown rose preparation to soften and soothe the skin. Stress relieving massage techniques are used to release tension in the scalp, arms, neck and shoulders as well as the face to enhance the experience of this unique aromatic facial. *Available as an express treatment.*

agua Signature Facial

50 minutes £55

If you don't want to worry about choosing the right facial, then let us decide for you. Lay back and relax while we closely analyse your skin's needs and design a treatment just for you. This Natura Bissé tailored treatment infuses into your skin the precise ingredients to leave your skin balanced and radiant. Calming and effective facial techniques increase the skins' receptivity to these precise ingredients, while offering you absolute pampering and pleasure.

agua Balance Aromatherapy Facial

55 minutes £75

A refreshing treatment for skin that is prone to breakouts and blemishes. The essential oils and plant extracts that are used are healing and antiseptic, designed to balance the skins natural oils leaving the face fresh, soft and clean.

Eve Lom Facial

90 minutes £115

Eve Lom's signature facial, using the gloriously simple Eve Lom products, is generally regarded as the best in London by many beauty editors. A mixture of acupressure, lymphatic drainage and Reiki techniques, transform the skin.

Eve Lom Ultimate Cleanse

60 minutes £85

For those with less time to spare, based on the renowned Eve Lom facial, this is a remarkable deep cleanse treatment to achieve clean, decongested, radiant skin .

Citrus Appeal

60 minutes £90

Give your skin a boost of energy with 100% pure vitamin C. This Natura Bissé anti oxidant treatment relieves sun-damaged skin and helps fight the signs of premature aging. Due to the high concentration of Vitamin C, this facial will improve appearance and renew the skin's firmness. Citrus Appeal provides an extraordinary experience for your skin by drenching it with essential vitamins and nutrients. Skin will emerge nourished and revitalized.

Specialised Awakening

60 minutes £90

Natura Bissé O2 Awakening is a facial for all skin types with added benefits for those with skin suffering from exposure to toxins and pollutants. Big city goers, frequent flyers and smokers can benefit greatly from this treatment. This light as air formula penetrates the skin and releases pure oxygen molecules into the epidermal layer. From within the skin these oxygen molecules eliminate toxins residing within the pores. A deep oxygenation and breathing massage further decongests body and mind while transporting you to a state of calm relaxation.

Available as an express treatment.

Diamond Experience Facial

90 minutes £160

This exclusive Natura Bissé facial is not only the ultimate in luxury but also provides the latest in skin care technology. The energy producing cocktail is formulated with over 30 active ingredients. It awakens dormant cells as well as shielding the skin to promote the balance of firming fibers, these elements combined with three targeted massages provide your skin with an immediate and genuine cosmetic lift.

agua Eye Treatment

25 minutes £40

This powerful treatment enhances the cell proliferation process. Cutting edge products help the skin around the eyes retain its own moisture and absorb supplemental moisture from the air.

agua MASSAGE

agua Aromatherapy Massage

50 minutes £75
80 minutes £105

True aromatherapy massage combining the power of pure essential oil with specialised Aromatherapy Massage techniques drawn from the traditions of both east and west. Essential oil blends are specially selected to suit your personal requirements be it to relax, re-energise, soothe aching muscles or stimulate your circulation. The treatment is a complete face, scalp and body massage.

agua Custom Massage

55 minutes £80
85 minutes £110

A soothing full body Swedish massage for people on the go who need to re-energise or release stress.

agua Deep Tissue Massage

55 minutes £85

A full body Swedish massage complete with deep tissue techniques to address any persistent aches and pains. Deep tissue techniques focus on the deeper layers of muscle tissue and aim to release the chronic patterns of tension within the body

agua De-stress Massage

50 minutes £75

A deep all over body massage treatment designed to work on stiff, tight and fatigued muscles and joints after sports, or a day of physical stress and strain. Involves intensive deep tissue techniques to warm, manipulate and ease the body with stretching and drainage to release and disperse.

Available as an express treatment.

Reiki, Reflexology, Indian Head Massage and Hot Stone therapies are all also available. Please ask the receptionist for details when booking.

agua BODY

agua Milk & Honey

55 minutes £75

Our signature treatment is Ayurvedic based. A specialised blend of warm honey, sesame oil and milk applied to the body in a very gentle massage. An excellent treatment to soften and hydrate the body.

agua Bed of Roses Body Booster

50 minutes £75

For wonderfully nourished and softened skin, rich oils and creams are smoothed into freshly exfoliated skin leaving it glowing, silky and revitalized. A relaxing scalp massage completes this pampering experience.

Citrus Boost Body Polish

60 minutes £80

This Natura Bissé treatment indulges your body with the highest concentration of Vitamin C, Green Tea and Rose Hip Oil. This antioxidant treatment is ideal for skin suffering from loss of elasticity and dehydration due to sun and environmental damage at any age. The protective treatment stimulates collagen production, renews skin firmness and provides pronounced healing and regenerative benefits.

Diamond Body Experience

90 minutes £170

This Natura Bissé treatment fuses decadence and holistic healing. Based on the ancient art of gem and magnetic therapies, this amazing treatment brings together Micronized iron, wild lavender and genuine diamond powder to magnify positive energy and reduce stress. The results are immediate and your skin is left radiant, soft and with restored elasticity.

agua Salt Exfoliate

25 minutes £40

Invigorating full body scrub using natural sea salts to remove dead skin cells and increase circulation, leaving the skin soft and smooth with a healthy glow.

agua Body Polish

25 minutes £45

A cleansing and hydrating body 'facial' using creamy exfoliates to revitalise the skin and increase energy flow.

agua HANDS & FEET

agua Milk & Honey Hands & Feet 25 minutes £40

Our signature treatment based on a specialised blend of warm honey, organic sesame oil and milk applied to the hands and feet. The rejuvenating and exfoliating elements of the milk and honey will leave your skin feeling refreshed and nourished, ready for the day ahead of you.

agua HANDS

agua Deluxe Manicure 55 minutes £50

Prepare to be pampered with our exclusive agua Manicure. We use only the finest products available to give you a complete hand treatment. Your hands are exfoliated, massaged, groomed and polished to perfection.

agua Express Manicure 25 minutes £30

File, tidy, polish.

Polish Change 15 minutes £15

Excludes French.

agua FEET

agua Deluxe Pedicure 55 minutes £55

Relax and soak your feet in a warm tonic. This begins a complete foot treatment including exfoliation, massage, and moisturising treatment on the feet.

agua Express Pedicure 25 minutes £35

File, tidy, polish.

Polish Change 15 minutes £15

Excludes French.

agua GROOMING

Half Leg Wax	£25
Full Leg Wax	£35
Bikini Line Wax	£20
Full leg & Bikini Line	£50
Underarm	£15
Lip or Chin	£15
Chest or Back	£35
Eyebrow Shape	£15
Eyelash Tint	£15
Eyebrow Tint	£15
Lash & Brow Tint	£25

agua MAN

agua FACE

agua Signature Facial

50 minutes £55

This facial closely analyses your skin's needs and designs a treatment just for you. This Natura Bissé tailored treatment infuses into your skin the precise ingredients to leave your skin balanced and radiant. Calming and effective facial techniques increase the skins' receptivity to these precise ingredients, while offering you absolute pampering and pleasure.

Specialised Awakening Facial

60 minutes £90

Ideal for men to give your pores a breath of fresh air. This is a facial for all skin types with added benefits for frequent flyers, smokers, and anyone exposed to daily toxins and pollutants. This Natura Bissé facial penetrates the skin and releases pure oxygen molecules into the epidermal layer. From within the skin these oxygen molecules re-energise the skin and eliminate toxins from your pores.

Available as an express treatment.

agua BODY

Citrus Boost Body Polish

60 minutes £80

This Natura Bissé treatment indulges your body with the highest concentration of Vitamin C, Green Tea and Rose Hip Oil. This antioxidant treatment is ideal for skin suffering from loss of elasticity and dehydration due to sun and environmental damage at any age. The protective treatment stimulates collagen production, renews skin firmness and provides pronounced healing and regenerative benefits.

agua Bamboo Scrub

30 minutes £45

This effective yet delicate scrub uses micro particles from bamboo to massage and exfoliate the skin. The Bamboo Scrub is quickly absorbed into the skin leaving it purified and clear of any residue. The treatment is finished with a nourishing mist to provide a final calming touch.

agua Cleansing Back Treatment

25 minutes £55

This relaxing deep cleansing treatment relieves tension and leaves the skin refined and rebalanced.

agua MASSAGE

agua Custom Massage

55 minutes £80

85 minutes £110

With deep tissue techniques

55 minutes £85

A soothing full body Swedish massage for people on the go who need to re-energise or release stress. Deep tissue techniques focus on the deeper layers of muscle tissue and aim to release the chronic patterns of tension within the body.

agua Aromatherapy Massage

50 minutes £75

80 minutes £105

True aromatherapy massage combining the power of pure essential oil with specialised Aromatherapy Massage techniques drawn from the traditions of both East and West. Essential oil blends are specially selected to suit your personal requirements be it to relax, re-energise, soothe aching muscles or stimulate your circulation. The treatment is a complete face, scalp and body massage.

agua De-stress Massage

50 minutes £75

A deep all over body massage treatment designed to work on stiff, tight and fatigued muscles and joints after sports or a day of physical stress and strain. Involves intensive deep tissue techniques to warm, manipulate and ease the body with stretching and drainage to release and disperse.

Available as an express treatment.

agua PACKAGES

agua Mother To Be

£175

With pregnant women in mind, agua has introduced a treatment specially designed for expectant mums. The real nurturing experience from Aromatherapy Associates encompasses authentic traditional aromatherapy practices. Carefully applied spinal pressures using the nourishing properties of Rose oil, targets the nervous system, easing away the day's tensions and bringing body and mind back into balance. In addition, Swedish and neuromuscular techniques applied to the scalp, face, and lower leg support healthy circulation and ease aches and pains in stressed muscles and joints, while drainage movements encourage effective elimination. The pampering experience is finished with a manicure or pedicure.

agua Revive

£155

Choose from any of the following
Balance Aromatherapy Facial
Citrus Appeal Facial
Specialised Awakening Facial

Combine with one of the following
Custom Massage
Salt Exfoliate
Citrus Boost Body Polish

agua Relax

£130

Choose from any of the following
Rose Renew Facial
Signature Facial
Balance Aromatherapy Facial

Combine with one of the following
Bed of Roses Body Booster
agua Milk & Honey Body
Custom Massage
agua De-Stress Massage

agua Indulge

£300

The complete Diamond Experience. Combine the Diamond Experience Facial and the Diamond Body Experience for the ultimate in luxury. The global anti aging ingredients in this exclusive Natura Bissé facial reduce the appearance of fine lines and renew the texture of the skin by reducing the pore size and diminishing any imperfections. This facial combines with the Diamond Magnetic Ritual which incorporates exfoliation and a full body treatment leaving the skin with a soft shimmer perfect for a special occasion.

Spray Tanning by James Read

Tan Detox £5

A pre-spray exfoliating shower to cleanse skin and remove dead cells, revealing smooth skin for the ultimate spray tan experience.

Turn Up Your Tan

Decide on the colour of your finished tan:

2 = a weekend away £50

4 = a week's holiday in the Mediterranean £55

6 = 2 weeks in the Caribbean £60

Shape Up and Ship Out

Re-shape and enhance your body by sculpting and contouring using spray tan. Ask for this complimentary 'body building' service at the beginning of your appointment to emphasise breasts or to define a narrower waist or slimmer legs.

Top Up Tan £20

For a top up any time up to three days after your original tan for extended wear and increased depth of colour.

Fashion Tan £30

Tan specific body parts allowing you to make the most of areas of the body revealed by fashion.

Hollywood Finish £30

Choose a precious finish as a lightly shimmering sheen over your tan, or as a finish on its own, for a special occasion. This is a popular red carpet look that Hollywood stars rely on making it perfect for a party or other special occasion. The Hollywood Finish washes off.

Ski Tan £20

This service treats the face, neck, décolletage and hands for that just-back-from-the-slopes look or simply as a golden glow for winter.

Tan on Call £110

For your convenience, we can arrange spray tan service in your guest room.

agua PERSONAL TRAINING

The team of personal trainers at agua are under the professional guidance of Jamie Baird, one of London's most established and respected trainers. Personal training is extremely effective if you require the additional motivation to make your training more productive or maybe you just need someone to push you that extra mile. The trainer will guide you, based on your particular needs and requirements through the best combination of cardiovascular and strength training exercises. Other personal training services available include boxing, kickboxing, outdoor training, ski fitness, fat loss, and weight management.

Prices are as follows

Training with Jamie Baird £100 per hour

All other trainers

No. Sessions	Cost
1 Session	from £65
10 Session	from £600

agua MEMBERSHIP

Joining Fee of £250 is applicable on all membership levels.

£2000 annual fee includes

- 2 complimentary nights at Sanderson per year
- 10% reduction on hotel rooms at Morgans Hotel Group properties in London
- 4 complimentary 1 hour spa treatments per year
- Unlimited use of the gym and spa facilities
- Complimentary fitness induction, plus quarterly fitness reviews
- 25% discount on all spa treatments and spa retail products
- Access to the Purple Bar
- 25% discount for breakfast, lunch and dinner in Suka and the spa menu in agua
- 2 nutritional consultations

£1200 annual fee includes

- 1 complimentary nights at Sanderson per year
- 2 complimentary 1 hour spa treatments per year
- Unlimited use of the gym and spa facilities
- Complimentary fitness induction, plus half year fitness reviews
- 25% discount on all spa treatments and spa retail products
- Access to the Purple Bar
- 25% discount for breakfast, lunch and dinner in Suka and the spa menu in agua
- 1 nutritional consultation

£750* annual fee includes

- Unlimited use of the gym and spa facilities
- Complimentary fitness induction

*Gym membership is available as a monthly subscription of £65 per month

FACILITIES

There are 14 private treatment rooms, a steam room and a gym with state of the art equipment, free weights and cardio theatre, there are also private relaxation suites and a central relaxation lounge.

WHAT TO WEAR

Robes, slippers and towels are provided for your convenience. A selection of toiletries is also provided.

ARRIVAL

We would suggest you arrive at least 15 minutes before your appointment in order to check in, change and shower before your treatment. You will be issued with robe, slippers, and a personal locker for your use throughout your time at aqua.

GRATUITY

This is at your discretion, as gratuity has not been added to the services.

CANCELLATION POLICY

A credit card is required to make your reservation. It is required that cancellations are made with 24 hours notification. If appointments are cancelled with less than 24 hours notice and cannot be re-booked the guest will be charged the full cost of the services.

FACILITY FEE

agua at Sanderson is strictly for use by members and Hotel Residents. Non Residents and members are also welcome, a £15 day membership charge for use of guest amenities during your stay will be added to your final bill.

DAY PACKAGES

We offer a selection of tailored 'days'. Alternatively you can create your own. See Day Packages for more information.

GIFT VOUCHERS

For that special occasion aqua gift vouchers are available and can be purchased either in person or by telephone on 020 7300 1414.